

Intersections as Barriers to Low-Stress Cycling:

Intersection Level of Traffic Stress and Dual-Graph Network Modeling

Nathan David Obeng-Amoako & Peter Furth
Department of Civil & Environmental Engineering
Northeastern University, Boston, MA

Bridging Transportation Researchers (BTR#8) Conference
August 12-13, 2026



Everyday Cycling: Good for People, Planet, and Cities

- 1 Zero-emission trips
- 2 Free Daily Exercise
- 3 Low cost to ride
- 4 Better mental health
- 5 Healthy child development
- 6 Ridable year-round



One Thing Stands in the Way: High Traffic Stress



Levels of Traffic Stress (Segments)

Level 1



Level 2



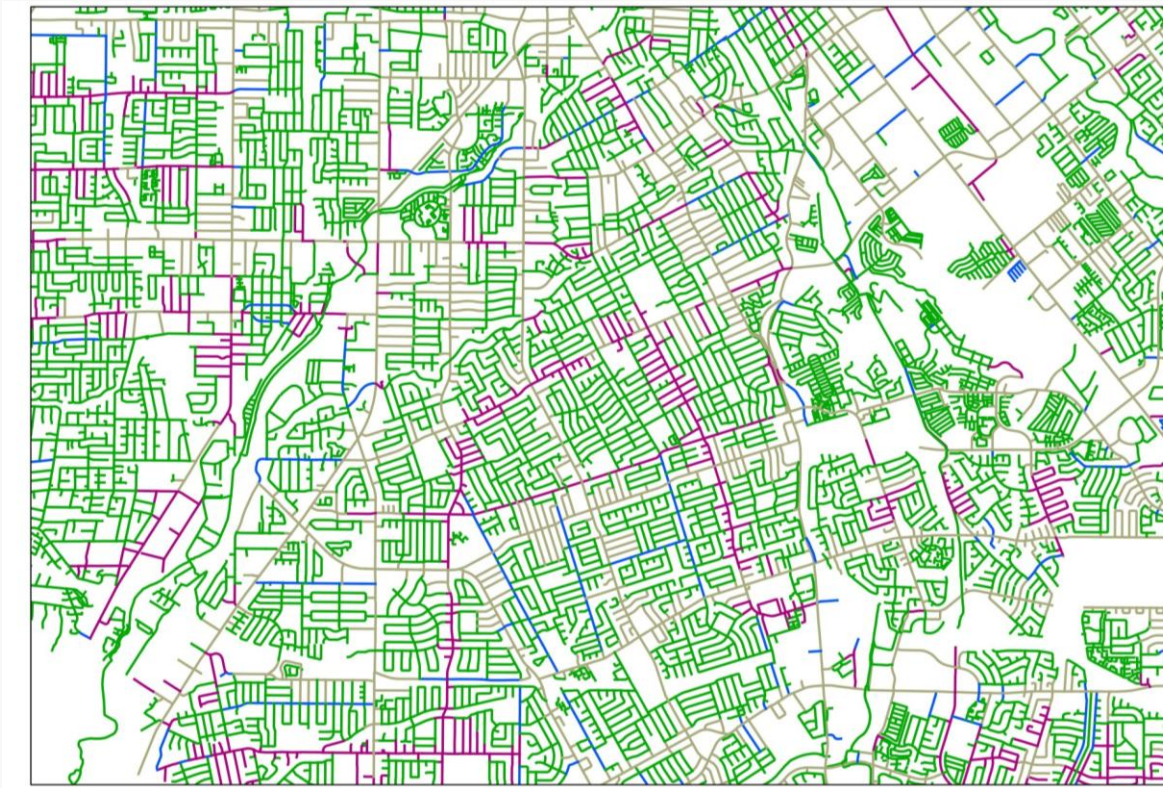
Level 3



Level 4

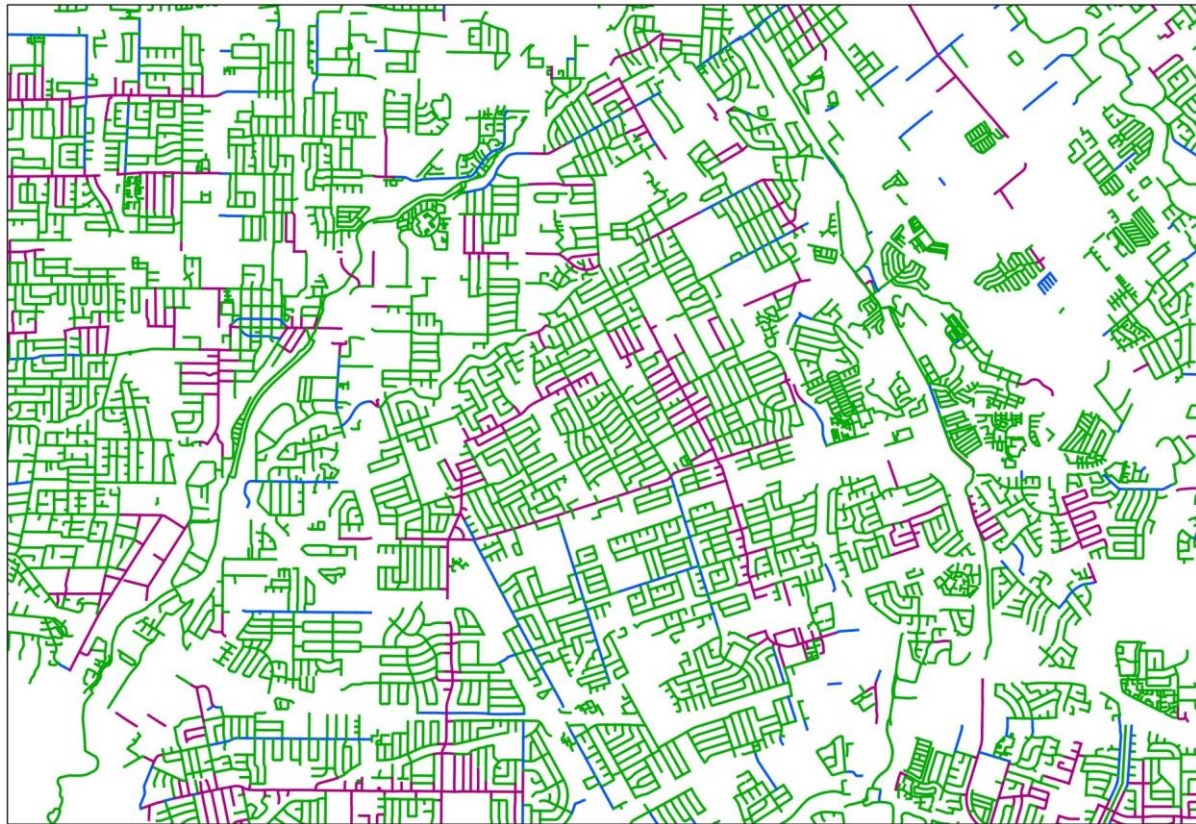


San Jose 2010, All Levels of Traffic Stress

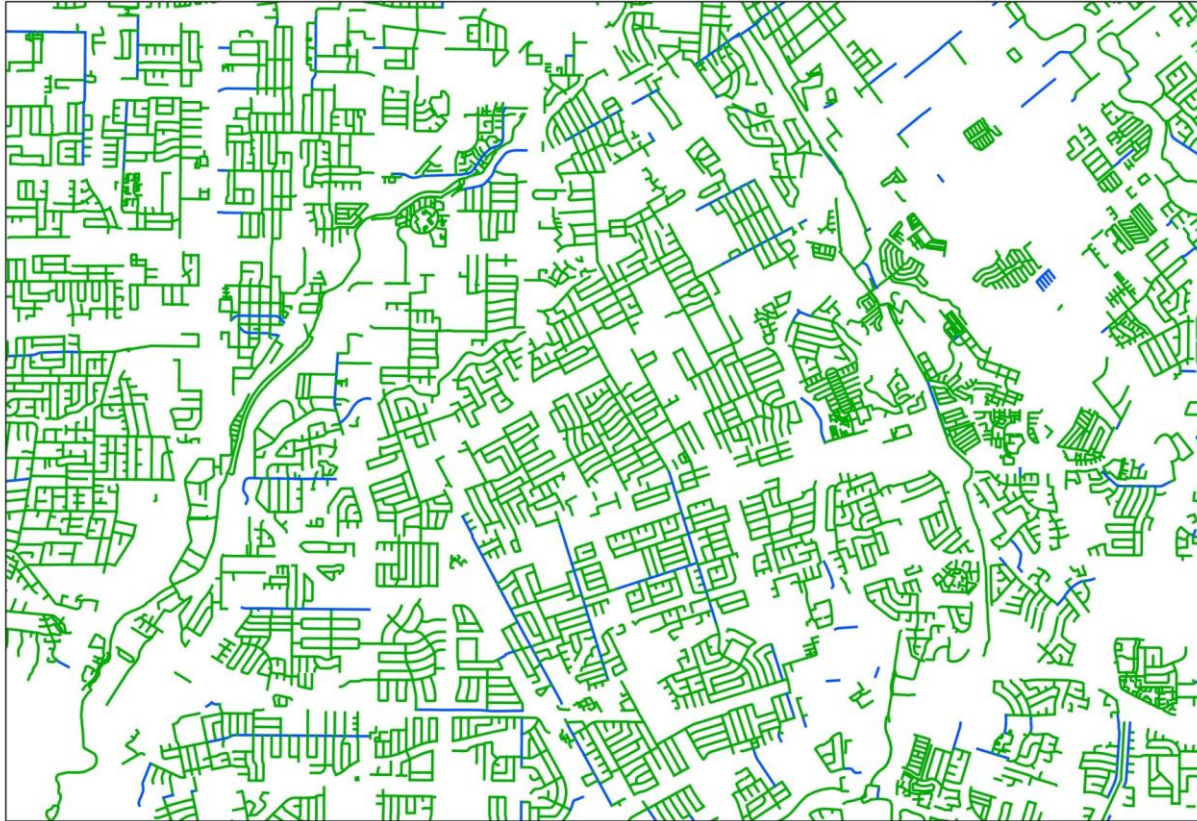


Green = LTS 1, Blue = LTS 2, Purple = LTS 3, Tan = LTS 4

Stress Level 3 or Less



Stress Level 2 or Less



Stress Level 1



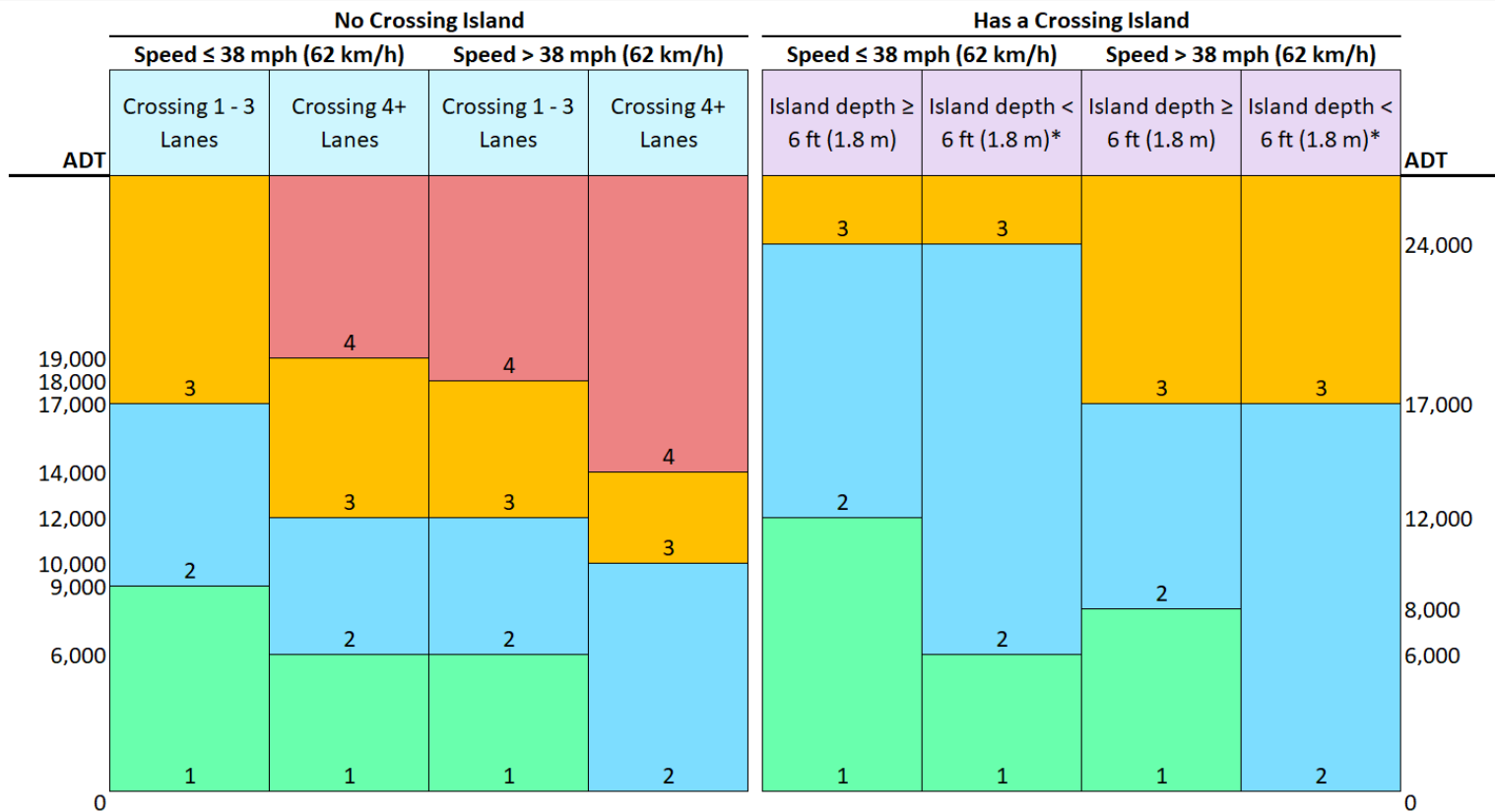
Intersection Level of Traffic Stress



Signalized Crossings are OK, Except for Some Higher-Stress Triggers

Factor	Condition	xLTS 2 trigger	xLTS 3 trigger
Crossing distance	No bike signal and no crossing island ≥ 6 ft (1.8 m) deep	crossing distance > 100 ft (30 m)	
Permitted right-turn volume (peak hour)	Bike box or head-start interval provided	RT volume > 5.5 per signal cycle (or 200/h where cycle length unknown)	
	Otherwise	RT volume > 3.5 per signal cycle (or 120/h where cycle length unknown)	
Permitted left-turn volume (peak hour)	Multilane road with permitted left-turn conflict with bike crossing	Permitted LT volume > 1.5 per signal cycle (or 50/h where cycle length unknown)	
Permitted right-turn speed	Right turns with permitted conflict with the bike crossing	Corner geometry allows turning speed > 15 mph (24 km/h)	> 22 mph (35 km/h)
Multistage crossing	Bikes must cross in 2+ stages and wait in a traffic island	crossing island depth < 100 ft (30 m)	

Crossing Stress (xLTS) for Unsignalized, Non-Priority Crossings



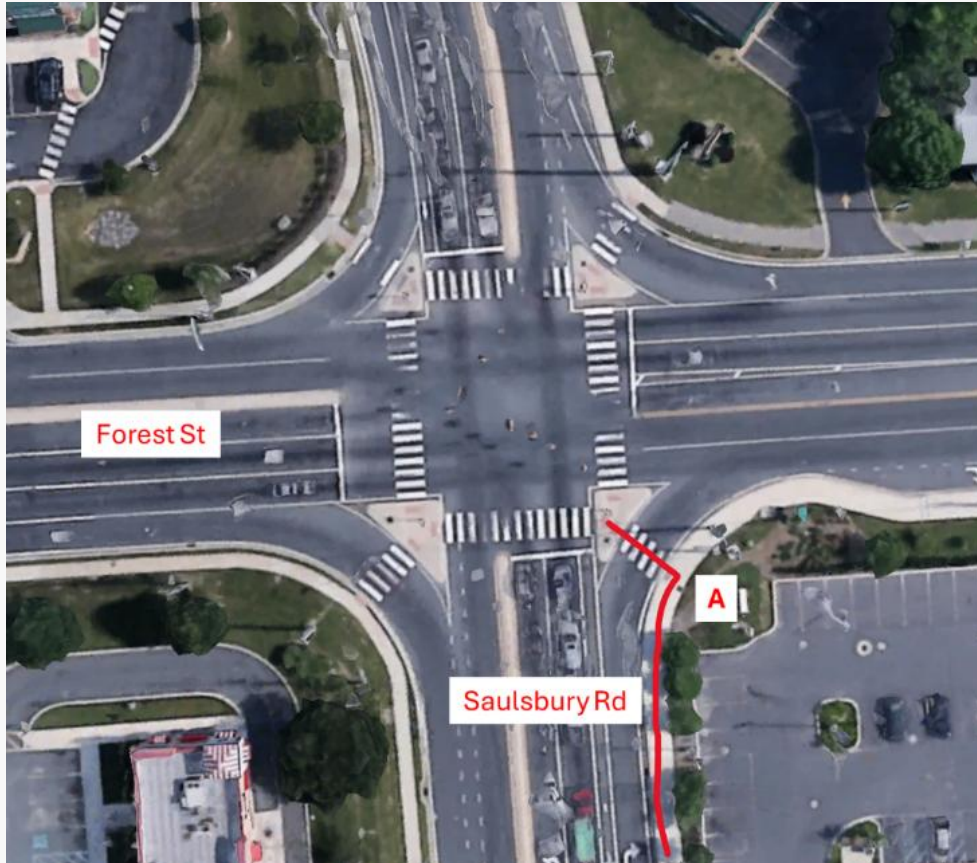
Gap Acceptance Model to Combine Parameters into a Consistent Model

User class	Speed (ft/s)	Start-up offset (s)	Post-encroachment time (s) by traffic speed				Maximum average delay (s)
			≤ 30 mph	35 mph	45 mph	55 mph	
LTS 1 (children)	8.8	4.4	2.0	25	4.3	5.8	25
LTS 2 (most adults)	11.0	3.4	1.0	35	2.5	3.5	35
LTS 3 (bike enthusiasts)	14.7	2.4	1.0	180	2.5	3.5	180

Unsignalized Trail Crossings (One Lane per Direction)

RRFB?*	ADT	Speed ≤ 28 mph (46 km/h)		28–38 mph (46–62 km/h)		Speed > 38 mph (62 km/h)
		No island	With island	No island	With island	
No RRFB	≤ 8,000	xLTS 1	xLTS 1	xLTS 1	xLTS 1	Use <i>Exhibit 2</i>
	> 8,000	Use <i>Exhibit 2</i>	xLTS 1	Use <i>Exhibit 2</i>	Use <i>Exhibit 2</i>	Use <i>Exhibit 2</i>
With RRFB	Any	xLTS 1	xLTS 1	xLTS 1	xLTS 1	Use <i>Exhibit 2</i>

Blind Entry Hazard



Cyclists have to look **back** to see conflicting traffic

Freeway Ramp Crossings & Blind Entry Hazards

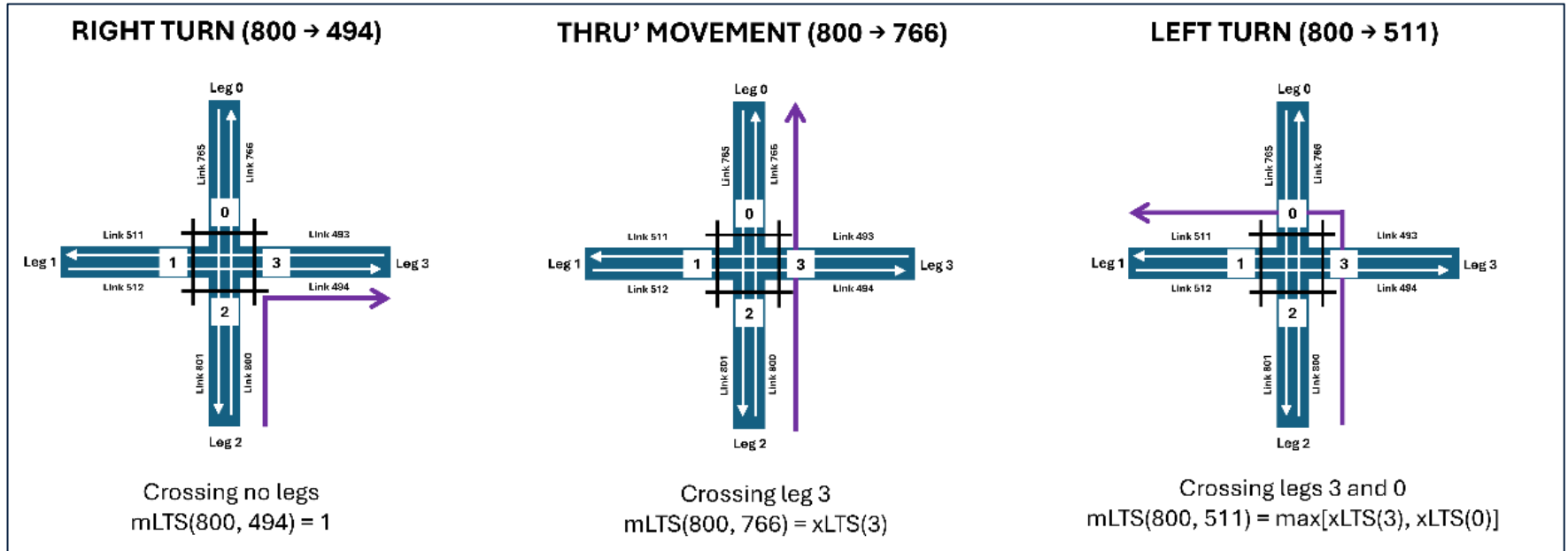
Factor	Condition	xLTS 2 trigger	xLTS 3 trigger
Crossing an on-ramp (ramp from bicycling road to freeway)	Does not apply where conflicting traffic has a stop sign	Departure road 85th percentile speed < 33 mph (54 km/h) OR road geometry requires ramp entry speed < 15 mph (24 km/h)	Other on-ramp crossing
Crossing an off-ramp (ramp from freeway to bicycling road)	Does not apply where conflicting traffic has a stop sign	Receiving road 85th percentile speed < 38 mph (62 km/h) OR ramp speed at crossing $\geq$ 31 mph (50 km/h) OR crossing crosses ramp at a right angle	Other off-ramp crossing
Blind entry hazard		Cyclists enter a crossing from a path with less than 4 ft (1.2 m) separation from the roadway, requiring them to look backwards to scan for conflicting traffic before turning to enter the crossing. "Conflicting traffic" excludes permitted turns from a lane used primarily by thru traffic.	—

Calculating and Visualizing xLTS

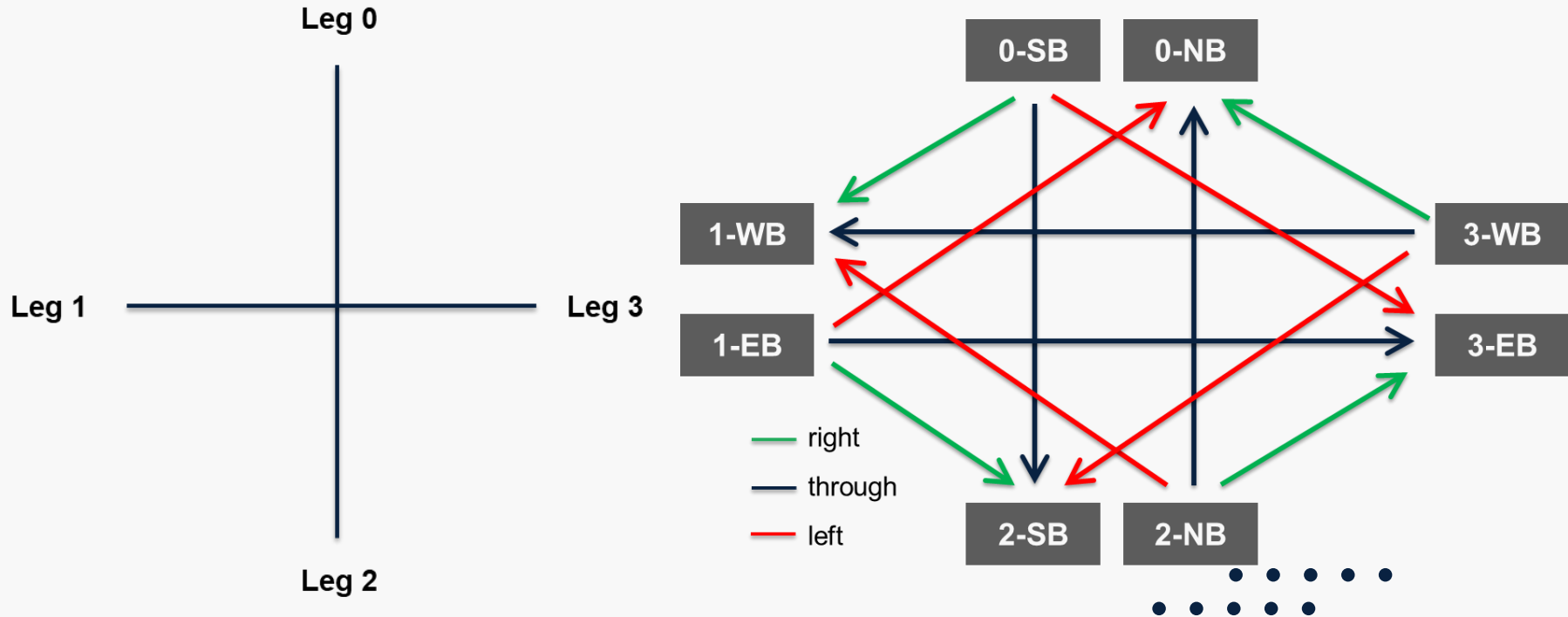


Movement LTS (mLTS) vs Crossing LTS (xLTS)

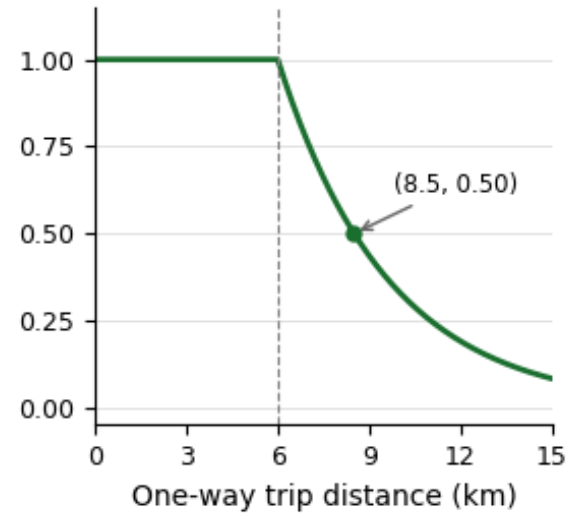
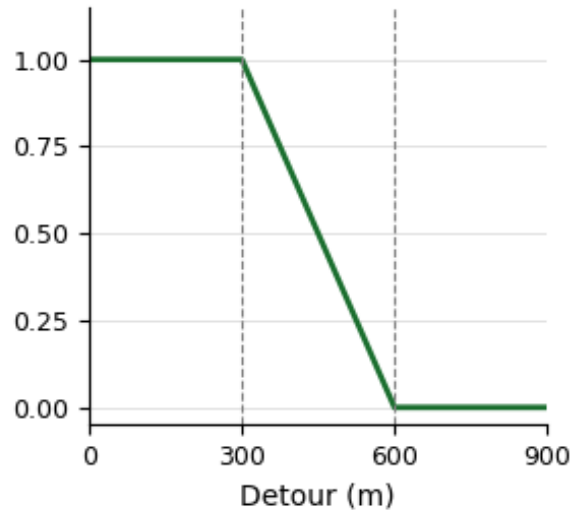
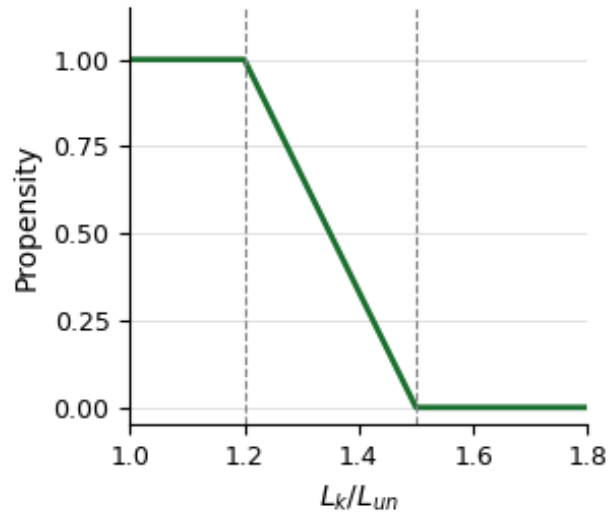
$$\text{mLTS} = \max(\text{xLTS}_1, \text{xLTS}_2, \dots)$$



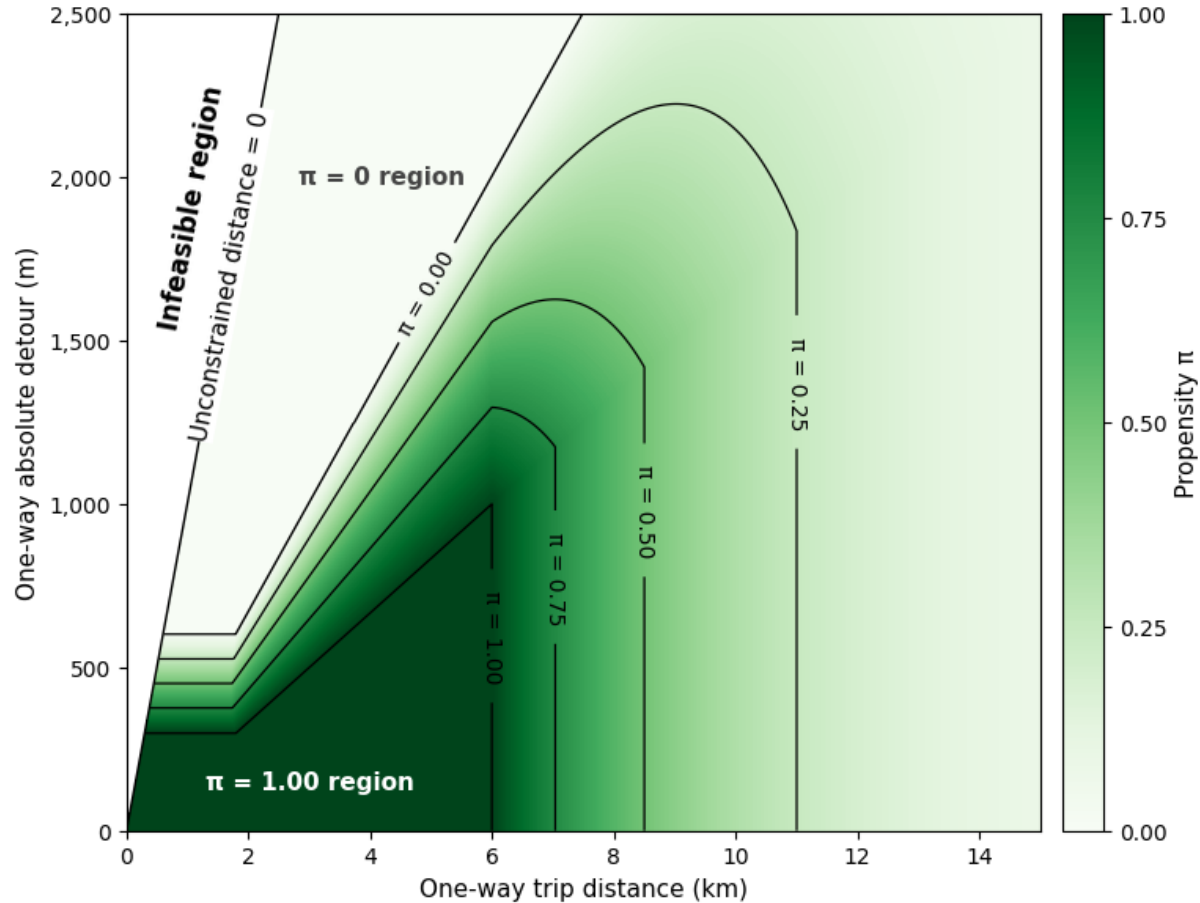
Dual Graph Representation Needed to Model Turning Costs



Propensity for Relative Detour, Absolute Detour and Total Distance



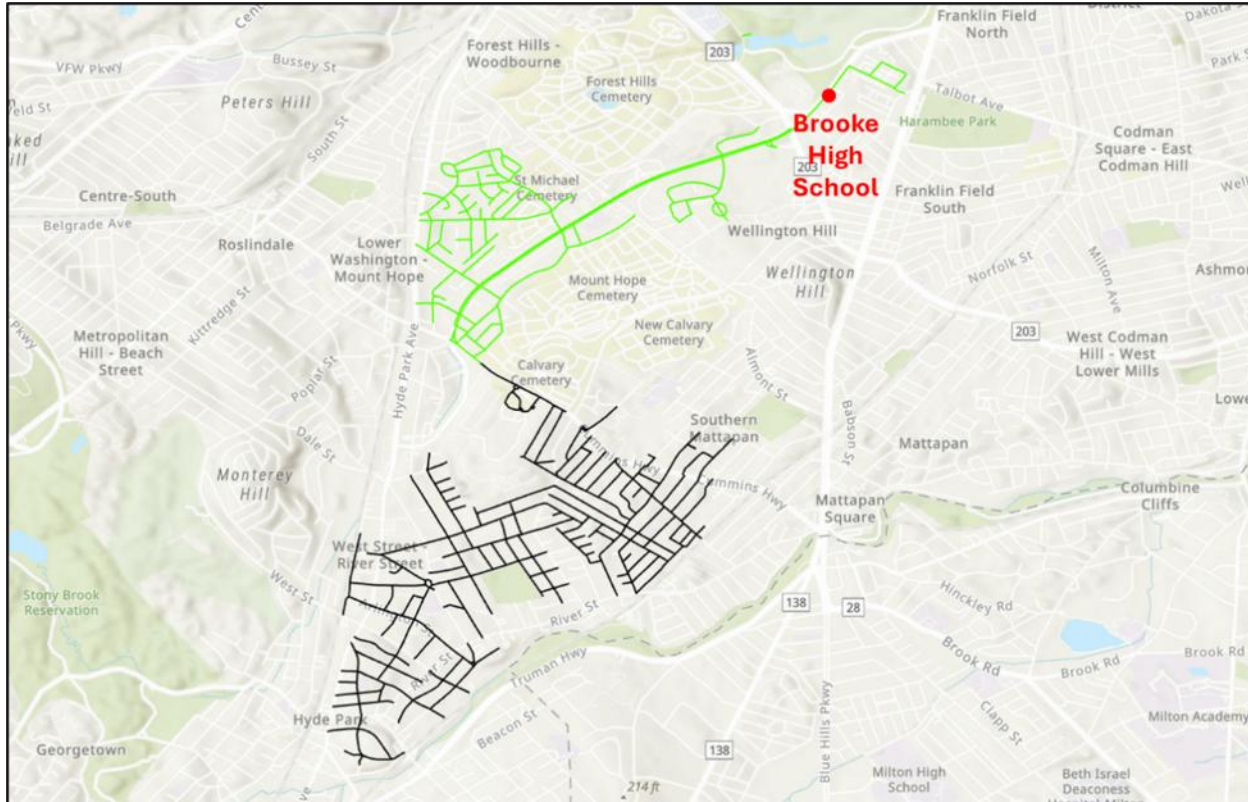
Propensity for Relative Detour, Absolute Detour and Total Distance





Applying xLTS to Job Accessibility in Boston

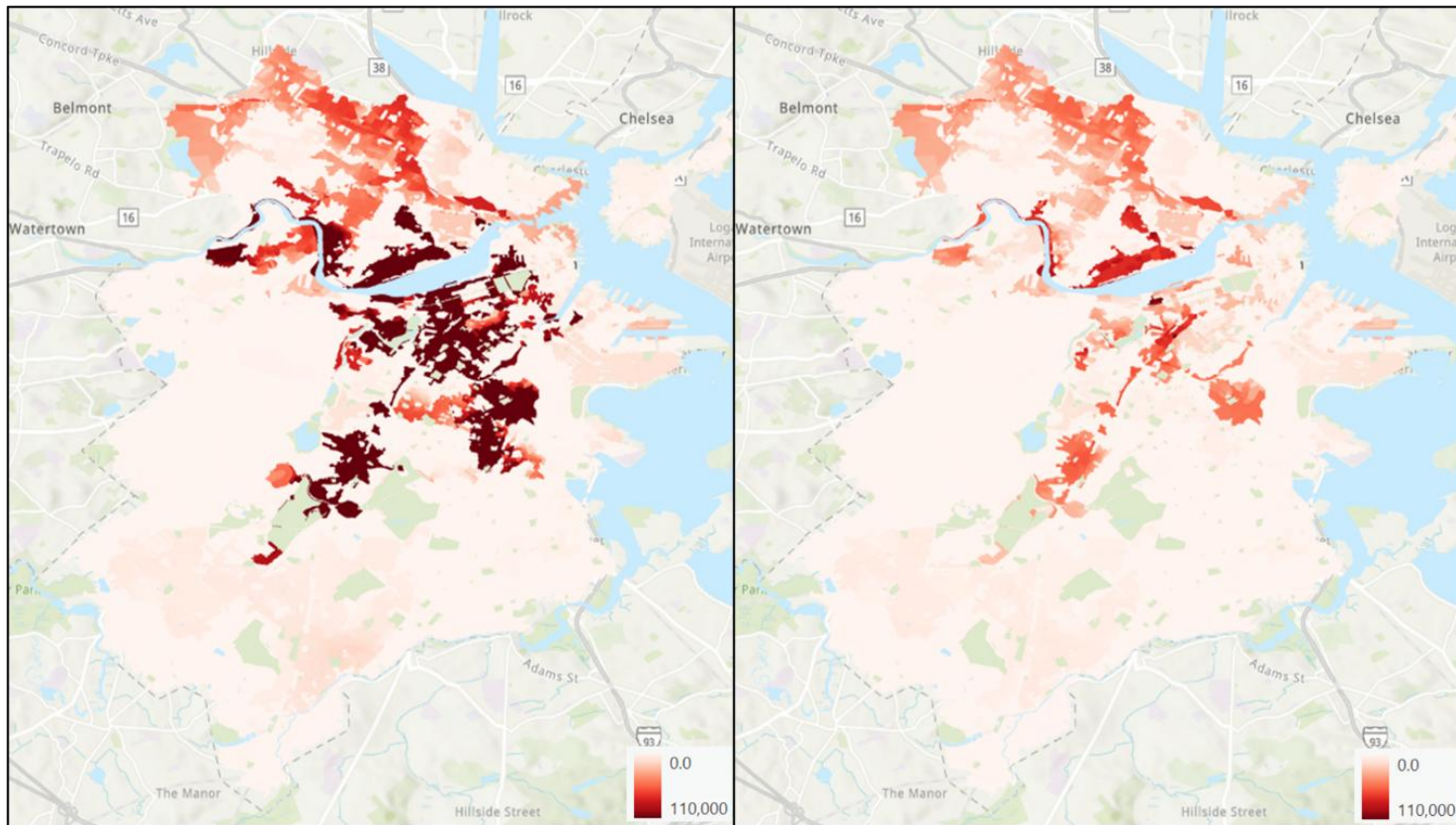
High Stress Crossing Limiting Accessibility



City-Wide Bike Accessibility to Jobs in the Boston Area by LTS

Stress limit	xLTS not enforced	xLTS enforced
LTS 1	9,056 (0.9%)	2,339 (0.2%)
LTS 2	116,036 (12.1%)	103,892 (10.9%)
LTS 3	515,543 (51.4%)	511,517 (51.0%)
LTS 4	575,152 (57.4%)	575,152 (57.4%)

Job Accessibility at LTS 1, Ignoring xLTS (LEFT) Versus Accounting for xLTS (RIGHT)



Job Accessibility at LTS 2, Ignoring xLTS (LEFT) Versus Accounting for xLTS (RIGHT)

